

Heisenberg Operators

In the Schrödinger Picture, states move in time, operators do not: $\hat{Q}_s |\psi(t)\rangle$, w/

$$\langle \hat{Q}_s \rangle(t) = \langle \psi(t) | \hat{Q}_s | \psi(t) \rangle$$

In the Heisenberg Picture, operators move, & states do not: $\hat{Q}_H(t) | \psi(0) \rangle$, w/

$$\langle \hat{Q}_H \rangle(t) = \langle \psi(0) | \hat{Q}_H(t) | \psi(0) \rangle$$

Heisenberg operators are defined by:

$$\hat{Q}_H = \hat{U}^\dagger(t) \hat{Q}_S \hat{U}(t)$$

(time-translation of $\hat{U} = e^{-i\hat{H}t/\hbar}$)

so that:

$$\begin{aligned} \langle \hat{Q}_H \rangle(t) &= \langle \psi(0) | \hat{Q}_H(t) | \psi(0) \rangle \\ &= \langle \psi(0) | \hat{U}^\dagger \hat{Q}_S \hat{U} | \psi(0) \rangle = \langle \psi(t) | \hat{Q}_S | \psi(t) \rangle \\ &= \langle \hat{Q}_S \rangle(t) \end{aligned}$$

For the Schrödinger Picture, we have an eqn. governing the time evolution of the state:

$$i\hbar \frac{d}{dt} |\psi(t)\rangle = \hat{H} |\psi(t)\rangle$$

What is the analogous eqn for the Heisenberg Picture?

we need eqns governing operator evolution.

$$\text{For } \hat{Q}_H(t), \text{ we have: } \hat{Q}_H(t) = \hat{U}^\dagger(a) \hat{Q}_H(t) \hat{U}(a) = \hat{Q}_H(t+a)$$

The infinitesimal form is:

$$\begin{aligned} \hat{U}^\dagger(\epsilon) \hat{Q}_H(t) \hat{U}(\epsilon) &= \hat{Q}_H(t+\epsilon) \approx \hat{Q}_H(t) + \epsilon \frac{d\hat{Q}_H(t)}{dt} \\ (1 + \frac{i\epsilon}{\hbar} \hat{H}) \hat{Q}_H(t) (1 - \frac{i\epsilon}{\hbar} \hat{H}) &\approx \hat{Q}_H(t) + \epsilon \frac{d\hat{Q}_H(t)}{dt} \\ \hat{Q}_H(t) + \frac{i\epsilon}{\hbar} [\hat{H}, \hat{Q}_H(t)] &\approx \hat{Q}_H(t) + \epsilon \frac{d\hat{Q}_H(t)}{dt} \end{aligned}$$

$$\text{so we have } \frac{d\hat{Q}_H(t)}{dt} = \frac{i}{\hbar} [\hat{H}, \hat{Q}_H(t)]$$

the "Heisenberg eqns of motion,"

Example: Harmonic Oscillator

$$\hat{H} = \frac{\hat{p}^2}{2m} + \frac{1}{2} m \omega^2 \hat{x}^2 \quad \text{w/ e-states } |n\rangle: \hat{H}|n\rangle = \frac{(n+1/2)\hbar\omega}{\equiv E_n} |n\rangle$$

there are raising + lowering ops here: $a_\pm = \hat{x} \pm i\hat{p}$

$$\text{w/ } \hat{a}_+ |n\rangle = \sqrt{n+1} |n+1\rangle, \quad \hat{a}_- |n\rangle = \sqrt{n} |n-1\rangle$$

$$\text{now: } \hat{x} = \sqrt{\frac{\hbar}{2m\omega}} (a_+ + a_-)$$

we'll compute $\langle \psi(t) | \hat{x} | \psi(t) \rangle$ in the Schrödinger Picture for

$$|\psi(0)\rangle = \cos\theta |0\rangle + \sin\theta |1\rangle, \text{ then}$$

$$|\psi(t)\rangle = e^{-iE_0 t/\hbar} \cos\theta |0\rangle + e^{-iE_1 t/\hbar} \sin\theta |1\rangle$$

and

$$\hat{x}|\psi(t)\rangle = \left(\frac{\hbar}{2m\omega}\right)^{1/2} \left(e^{-iE_0 t/\hbar} \cos\theta |1\rangle + e^{-iE_1 t/\hbar} \sin\theta (|0\rangle + \sqrt{2}|2\rangle) \right)$$

w/

$$\begin{aligned} \langle \psi(t) | \hat{x} | \psi(t) \rangle &= \left(\frac{\hbar}{2m\omega}\right)^{1/2} \cos\theta \sin\theta \underbrace{\left[e^{-i(E_0-E_1)t/\hbar} + e^{i(E_0-E_1)t/\hbar} \right]}_{= 2\cos((E_0-E_1)t/\hbar)} \\ &= \left(\frac{2\hbar}{m\omega}\right)^{1/2} \cos\theta \sin\theta \cdot \cos(\omega t) \end{aligned}$$

For the Heisenberg picture: $|\psi(0)\rangle = \cos\theta |0\rangle + \sin\theta |1\rangle$
and

$$\frac{d\hat{x}_H(t)}{dt} = \frac{i}{\hbar} [\hat{H}_H, \hat{x}_H(t)]$$

We know that $\hat{H}_H(t) = \hat{U}^\dagger \hat{H} \hat{U} = \hat{H}$

since $[\hat{U}, \hat{H}] = 0 \rightarrow \hat{U}^\dagger \hat{U} = 1$, so we have:

$$\frac{d\hat{x}_H(t)}{dt} = \frac{i}{\hbar} [\hat{H}_H(t), \hat{x}_H(t)]$$

$$w/ \hat{H}_H(t) = \frac{1}{2m} \hat{p}_H(t)^2 + \frac{1}{2} m \omega^2 \hat{x}_H(t)^2$$

$$\begin{aligned} \text{so we have: } [\hat{x}_H(t), \hat{p}_H(t)] &= [\hat{U}^\dagger \hat{x} \hat{U}, \hat{U}^\dagger \hat{p} \hat{U}] \\ &= \hat{U}^\dagger \hat{x} \hat{U} \hat{U}^\dagger \hat{p} \hat{U} - \hat{U}^\dagger \hat{p} \hat{U} \hat{U}^\dagger \hat{x} \hat{U} \\ &= \hat{U}^\dagger [\hat{x}, \hat{p}] \hat{U} = i\hbar \checkmark \end{aligned}$$

$$[\hat{p}_H(t), \hat{x}_H(t)] = -2i\hbar \hat{p}_H(t)$$

$$\text{giving } [\hat{F}_H(t), \hat{x}_H(t)] = -\frac{\hbar}{m} \hat{p}_H(t),$$

$$\frac{d\hat{x}_H(t)}{dt} = \frac{1}{m} \hat{p}_H(t) \quad (\text{CM: } \frac{dx}{dt} = \frac{\partial H}{\partial p} = p/m)$$

we also have:

$$\begin{aligned} \frac{d\hat{p}_H(t)}{dt} &= \frac{i}{\hbar} [\hat{H}_H(t), \hat{p}_H(t)] = \frac{i}{\hbar} [\frac{1}{2} m \omega^2 \hat{x}_H(t)^2, \hat{p}_H(t)] \\ &= \frac{1}{2} m \omega^2 \hat{x}_H(t) \underbrace{[\hat{x}_H(t)^2, \hat{p}_H(t)]}_{= 2i\hbar \hat{x}_H(t)} \end{aligned}$$

$$\text{so } \frac{d\hat{p}_H(t)}{dt} = -m\omega^2 \hat{x}_H(t) \quad (\text{CM: } \frac{dp}{dt} = -\frac{\partial H}{\partial x} = -m\omega^2 x)$$

$$\text{we can solve } \frac{d^2 \hat{x}_H(t)}{dt^2} = -\omega^2 \hat{x}_H(t)$$

$$\text{to get: } \hat{x}_H(t) = \hat{A} \cos(\omega t) + \hat{B} \sin(\omega t)$$

$$\hat{p}_H(t) = -m\omega (\hat{A} \sin(\omega t) - \hat{B} \cos(\omega t))$$

How should we pick \hat{A} & \hat{B} ? Initial conditions

$$\hat{x}_H(0) = \hat{U}^\dagger(0) \hat{x} \hat{U}(0) = \hat{x} \rightarrow \hat{p}_H(0) = \hat{p}$$

$$\hat{x}_H(0) = \hat{A} = \hat{x} \quad \hat{p}_H(0) = m\omega \hat{B} = \hat{p}$$

$$\hat{x}_H(t) = \hat{x} \cos(\omega t) + \frac{\hat{p}}{m\omega} \sin(\omega t)$$

Time-Independent Perturbation Theory

Problem: Given $U(x)$, find $\{\psi_j(x)\}_{j=0}^{\infty}$, $\{E_j\}_{j=0}^{\infty}$ such that

$$-\frac{\hbar^2}{2m} \frac{d^2 \psi_j(x)}{dx^2} + U(x) \psi_j(x) = E_j \psi_j(x)$$

In general, this is hard to do.

We can get partial answers if $U(x) = U^0(x) + \epsilon U^1(x)$ for $\epsilon \ll 1$, & we know the states satisfying

$$-\frac{\hbar^2}{2m} \frac{d^2 \psi_j^0(x)}{dx^2} + U^0(x) \psi_j^0(x) = E_j^0 \psi_j^0(x)$$

The linear algebra problem we are solving is:

If you know $\{\vec{v}_j^0\}_{j=1}^n$ & $\{\lambda_j^0\}_{j=1}^n$ w/

$$A^0 \vec{v}_j^0 = \lambda_j^0 \vec{v}_j^0$$

Find an approximation to the $\{\vec{v}_j\}_{j=1}^n$, $\{\lambda_j\}_{j=1}^n$ satisfying $(A^0 + \epsilon A^1) \vec{v}_j = \lambda_j \vec{v}_j$.

To compute $\hat{x}_H(t) |\psi(0)\rangle$
 $= \cos\theta |1\rangle + \sin\theta |1\rangle$

we need $\hat{p} |\psi(0)\rangle$ - note that

$$\hat{p} = i \left(\frac{\hbar m \omega}{2} \right)^{1/2} (\hat{a}_+ - \hat{a}_-)$$

so $\hat{p} |\psi(0)\rangle = i \left(\frac{\hbar m \omega}{2} \right)^{1/2} (\cos\theta |1\rangle + \sin\theta (\sqrt{2} |2\rangle - |0\rangle))$

$$\langle \psi(0) | \hat{p} |\psi(0)\rangle = i \left(\frac{\hbar m \omega}{2} \right)^{1/2} (\sin\theta \cos\theta - \sin\theta \cos\theta) = 0$$

$$\hat{x} |\psi(0)\rangle = \left(\frac{\hbar}{2m\omega} \right)^{1/2} (\cos\theta |1\rangle + \sin\theta (\sqrt{2} |2\rangle + |0\rangle))$$

$$\langle \psi(0) | \hat{x} |\psi(0)\rangle = \sqrt{\frac{\hbar}{2m\omega}} \sin\theta \cos\theta$$

Finally,

$$\langle \psi(0) | \hat{x}_H(t) | \psi(0)\rangle = \sqrt{\frac{\hbar}{m\omega}} \cos\theta \sin\theta \cos(\omega t) \checkmark$$