Inf-sup fact

Proposition. Let $f, g: B \to \mathbb{R}$ be bounded functions on some subset $B \subseteq \mathbb{R}^n$. Then

$$\sup\{f(x) + g(x) : x \in B\} \le \sup\{f(x) : x \in B\} + \sup\{g(x) : x \in B\},\\ \inf\{f(x) + g(x) : x \in B\} \ge \inf\{f(x) : x \in B\} + \inf\{g(x) : x \in B\}.$$

PROOF: We will only prove the result about sups, the result for infs being similar. First note that since f and g are bounded on B, then so is f + g. Therefore, all the sups in the statement exist. To save space, we will use the notation

$$M(f) = \sup\{f(x) : x \in B\},\$$

$$M(g) = \sup\{g(x) : x \in B\},\$$

$$M(f+g) = \sup\{f(x)) + g(x) : x \in B\}.$$

We are trying to show $M(f + g) \leq M(f) + M(g)$. Let $y \in B$. Then $f(y) \leq M(f)$ and $g(y) \leq M(g)$, since the sup of a set is an upper bound for the set. Adding these inequalities gives

$$f(y) + g(y) \le M(f) + M(g),$$

and this inequality holds for all $y \in B$. Therefore, M(f) + M(g) is an upper bound for $\{f(x) + g(x) : x \in B\}$. Since M(f + g) is the *least* upper bound for that set, we have $M(f + g) \leq M(f) + M(g)$, as required.

Example. Here is an example that shows that strict inequality in the above proposition may hold. Define $f, g: \mathbb{R} \to \mathbb{R}$ by

$$f(x) = \begin{cases} 0 & \text{if } x \neq -1 \\ 1 & \text{if } x = -1, \end{cases} \qquad g(x) = \begin{cases} 0 & \text{if } x \neq 1 \\ 1 & \text{if } x = 1. \end{cases}$$

Then

$$\sup\{f(x) + g(x) : x \in \mathbb{R}\} = f(1) + g(1) = 0 + 1 = 1$$

while

$$\sup\{f(x): x \in B\} + \sup\{g(x): x \in B\} = 1 + 1 = 2.$$